

Discussion questions for *Sushi for One*?

Family can be a joy or a pain in the you-know-what. While Lex's grandmother seems to have Lex's best interests at heart, she becomes a terror. How would you deal with a meddling grandmother or family member? What would you do if your family believed in something very different from what you believe?

Lex avoids dating because of a traumatic experience in her past. What tactic do you think helps the healing process when it comes to dating? Jump back on the horse or slow and steady wins the race?

In light of Grandma's ultimatum, Lex decides not to take any chances. She looks for different financial support for her volleyball team *and* she looks for a date. But the first time she asks a guy out, it doesn't go so well. What does Lex do wrong? What does she do right?

When Aiden joins Lex's volleyball team, he realizes he might be attracted to her. Do you think religious beliefs should keep two people apart? What are some implications of dating someone not of your faith?

Everything seems to go right for once in Lex's life. But when Aiden accidentally causes Lex's ACL to tear, things go downhill. Lex lies in bed, unable to pray. Have you had such dark days? What brought you out of them?

As Lex continues her physical therapy with Aiden, she allows him to work on the muscles in her back. Why is this significant for Lex? How does she cope with her past as she begins a new relationship with Aiden?

Lex finally snaps and unleashes her frustrations on Grandma. Is Lex's frustration focused only on Grandma? Has Lex's patience run out? Or was Lex never patient in the first place?

Aiden shares with Lex his new-found faith. Though Aiden and Lex are still the same people, everything changes. What do you think is in store for the pair? How do you think they will cope?